



## **FRESHWATER BROOK TROUT**

### **What do they look like?**

- Brook trout come in many different colors, such as red, silver, black, green, and brown.
- No matter their color, brook trout always have a pattern of pale red spots on their body.



### **What do they eat?**

Brook trout eat mayflies and caddis flies as well as beetles, caterpillars, ants, spiders, and grasshoppers that fall into the water.



### **Where do they live ?**

Brook trout are most common in the rivers and streams of northern New Hampshire.

They prefer to swim in rivers and streams with cooler temperatures.



### **Fun Fact**

- Brook trout became New Hampshire's official freshwater fish in 1994.
- Brook trout are also called square tailed or speckled trout because of the spots on their back.
- In the wild, they live up to 5 years.

### **Notice & Wonder**

- What types of fish have you seen in the wild?
- Why do you think New Hampshire named it as the state freshwater fish?

